

Keeping Brain Fit At Home

Our Groups: *Pick and Mix, The Giggly Group, Young at Hearts, The Urchins, Passmore Pals, Happy People, Us Lot and Freya's Friends.*

This week our topic is: **OCCUPATIONS**



“Choose a job you love and you will never have to work a day in your life”
– Confucius.

Here at Memory Matters we have been talking about some of the jobs we have enjoyed during our working lives:

Kate had many different jobs – bingo caller, sports shop worker, florist, shop worker then nurse. Her florist job was amazing, she still loves to arrange flowers to this day!

Clarinda started working at a veterinary surgery in between leaving school and going to college. She loved it so much that her plans to go to college went out the window. This was followed by working in a large office for the electricity board, administration in family business and finally at a day care centre for 16 years before joining the Memory Matters team.

Annie's first teaching post was in Lowestoft, Suffolk. Her head of department was called Ruth, who was a very good disciplinarian which made life easier for the rest of the staff.

Lynn first worked in a restaurant washing dishes and preparing food and then went on to deliver vehicle parts all over Cornwall. After being made redundant, she had a career in the ambulance service for 15 years doing A&E work and since 2016 she has been working with Memory Matters. She has also set up and ran a bridal shop business for the last 4 years.

- We wonder what sort of jobs you have done over the years?
- How did you feel when you received your first pay packet?
- What sort of things did you spend your hard-earned cash on?

Sometimes, an apprentice was sent on a “**fools errand**” by older members of the workforce. They might be asked to find:

- a long weight or a lond stand
- a glass hammer
- a tin of tartan paint
- a left handed broom
- a new bubble for a spirit level

Of course, the apprentice returned empty handed, much to the amusement of their work colleagues!

- What were your fellow workers like?
- Where did you spend your lunch-break? (if you got one!)
- Did any of your colleagues turn out to be life-long friends?

Let No One Steal Your Dreams by Paul Cookson

Let no one steal your dreams
 Let no one tear apart
 The burning of ambition
 That fires the drive inside your heart

Let no one steal your dreams
 Let no one tell you that you can't
 Let no one hold you back
 Let no one tell you that you won't

Set your sights and keep them fixed
 Set your sights high
 Let no one steal your dreams
 Your only limit is the sky



- If you were sixteen again, what would your dream job be?
- Have you got any top tips for a young person starting a new job today?

When the Name Fits the Job

Bank Clerk called Mr Million

Music Teacher called Miss Fiddle

Headmaster called Mr Tame

Family of builders called Crumbleholme

Aviation planner called Ron Muddle

Principals of horticultural college called Blossom, Bloomer and Gardener



HERE IS A NEWS-FLASH

A lorry-load of wigs has been stolen on the M1.
The police are combing the area!

Photo Archive:



Nigel chatting to a Cornwall Firefighter when they visited our Newquay group.